



Academic Curriculum Vitae:

► **Dr Amir Shakarami,**  
**Internist, Cardiologist,**  
**Interventional Cardiologist**

Assistant Professor

Department of Heart, Lorestan  
University of Medical Sciences,  
Khorramabad, Iran

Email:

[Shakarami.amir@yahoo.com](mailto:Shakarami.amir@yahoo.com)

[dramirshakarami.com/](http://dramirshakarami.com/)

---

*Last update:*  
*December*  
*10, 2020*

## ▶ **DATE & PLACE OF BIRTH**

1977, IRAN.

---

## ▶ **CITIZENSHIP**

Iranian



## ▶ **EDUCATIONAL BACKGROUND**

**2001:** General Medicine, Faculty of Medical, Iran University of Medical Sciences, Tehran, IRAN.

**2006:** Internist, Faculty of Medical, Kermanshah University of Medical Sciences, Kermanshah, IRAN.

**2012:** Cardiologist, Faculty of Medical, Tehran University of Medical Sciences, Tehran, IRAN.

**2018:** Interventional Cardiology Fellowship, Tehran Heart Centre, Tehran University of Medical Sciences, Tehran, IRAN.

---

## ▶ **DISSERTATIONS**

1. The study of the relationship between risk factors for ischemic heart disease and the type and incidence of ischemic diseases in patients admitted to CCU, Ayatollah Taleghani Ilam Hospital in 2001 (**General Medicine Degree**).

2. A comparative study of eradication of Pylori infection in dyspepsia patients using low dose and high dose triple therapy with clarithromycin, amoxicillin and omeprazole, Kermanshah, 2009 (**Specialty Degree**).
3. The relationship between serum adiponectin level and the severity of coronary artery disease 2012(**Specialist Degree**).
4. Long BioMime Sirolimus-Eluting Stent versus other Long Drug-Eluting Stents: One-Year Major Adverse Cardiac Events 2018(**Fellowship Degree**).



## ► **CURRENT POSITION**

1. Academic member, Department of Heart, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2010-Present.



## ► **TEACHING ACTIVITIES**

1. Teaching courses in medicine at the Faculty of Medical, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2010-Present.



## ► **EMPLOYMENT EXPERIENCE**

1. Academic member, Department of Heart, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2010-Present.



## ► **RESEARCH ACTIVITY**

1. Research Projects on The study of the relationship between risk factors for ischemic heart disease and the type and incidence of ischemic diseases in patients admitted to CCU. Ilam University of Medical Sciences, Ilam, IRAN, 2001.
2. Research Projects on A comparative study of eradication of Pylori infection in dyspepsia patients using low dose and high dose triple therapy with clarithromycin, amoxicillin and omeprazole, Kermanshah University of Medical Sciences, Kermanshah, IRAN, 2009.
3. Research Projects on The relationship between serum adiponectin level and the severity of coronary artery disease. Tehran University of Medical Sciences, Tehran, IRAN, 2012.
4. Research Projects on Long BioMime Sirolimus-Eluting Stent versus other Long Drug-Eluting Stents: One-Year Major Adverse Cardiac Events. Tehran Heart Centre,

Tehran University of Medical Sciences, Tehran, IRAN, 2018.

5. Research Projects on investigating the effects of air temperature on the number of referrals of cardiovascular patients to the emergency department of hospitals in Khorramabad city during the years 94-97. Lorestan University of Medical Sciences, Khorramabad, IRAN, 2019.
6. Research Projects on the effect of basil extract on cognitive function and sleep quality of patients with chronic obstructive pulmonary disease: a randomized controlled trial. Lorestan University of Medical Sciences, Khorramabad, IRAN, 2019.
7. Referee Research Projects the Prevalence of hypocalcemia in hypertensive patients who do not receive diuretics, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2018-2019
8. Referee Research Projects on Investigating the awareness, attitude and performance of the general public of Khorramabad city regarding cardiovascular diseases and the risk factors related to them in 98. Lorestan University of Medical Sciences, Khorramabad, IRAN, 2020.
9. Referee Research Projects on Evaluation of the effect of a cardiac rehabilitation course with two different periodic exercise protocols on serum levels of miR-1

and miR208, inflammatory and functional indicators of heart, red blood cell distribution range and quality of life in patients with myocardial infarction. Lorestan University of Medical Sciences, Khorramabad, IRAN, 2020.

10. Referee Research Projects on Comparison of personality traits between patients with cardiac ischemia and those with assets with a history of drug abuse. Lorestan University of Medical Sciences, Khorramabad, IRAN, 2020.



## ► **CONSULTANT THESES**

1. Collaborating Research Projects the Role of Uric Acid in Predicting, Lorestan University of Medical Sciences, Khorramabad, and 2018-2019.
2. Collaborating Research Projects the Inheritance coefficient in patients with coronary heart disease in Khorramabad teaching hospitals, Lorestan University of Medical Sciences, Khorramabad, 2019-2020.
3. Collaborating Research Projects Comparison of the effect of hydralazine and nifedipine on the reduction of acute hypertension in women with preeclampsia referred to Asali Hospital in Khorramabad, 2020-2019.



## ► **MEMBERSHIPS**

1. Member of Education Group Department of Heart, Medical Faculty, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2016- Present.
2. Member of Research Group Department of Heart, Medical Faculty, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2016- Present.
3. Member of the Department of Clinical Competence, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2020-Present.





## ▶ **SCIENTIFIC SOCIETY MEMBERSHIP**

1. Member of Iranian Gastroenterologists Association, Tehran, IRAN, 2006-2010.
  2. Member of Iranian Heart Association, Tehran, IRAN, 2010-Present.
- 

## ▶ **EDITORIAL BOARD(s)**

1. Reviewer, Journal of YAFT-E, Lorestan University of Medical Sciences, Khorramabad, 2010 -Present.
- 

## ▶ **RESEARCH INTERESTS**

1. Clinical (Cardiology)
- 

## ▶ **HONORS and REWARDS**

1. Certificate of Honor from Tehran Heart Centre, Tehran University of Medical Sciences, Tehran, IRAN, 2018.
- 

## P U B L I C A T I O N S

### ▶ **PUBLICATIONS in peer reviewed journals**

1. **Shakarami A.** A comparative study of eradication of Pylori infection in dyspepsia patients using low dose and

High dose triple therapy with clarithromycin, amoxicillin and omeprazole, Behbood J 2009; 13:20-7.

---



► **MISCELLANEOUS medical writings published in peer-reviewed journals**

1. **Shakarami**, A., Amirzadegan, A., Borumand, M.A., (...), Ghaffari-Marandi, N., Jalali, A. Correlation between plasma adiponectin levels and the presence and severity of coronary artery disease; Journal of Tehran University Heart Center 2013, 8(3), pp. 140-145.
2. Masoumeh Niazi, Fatemeh Yari, **Amir Shakarami**. A Review of Medicinal Herbs in the Lamiaceae Family Used to Treat Arterial Hypertension; Entomology and Applied Science Letters 2019 Volume 6, Issue 1, Page No: 22-27.
3. Masoumeh Ghafarzadeh, **Amir Shakarami**, Fatemeh Yari, Parsa Namdari. The comparison of side effects of methyldopa, amlodipine, and metoprolol in pregnant women with chronic hypertension; Journal of hypertension in pregnancy 2020 Volume 6, Issue 1, Page No: 22-27.
4. **Amir Shakarami**, Masoumeh Ghafarzadeh, Fatemeh Yari, Leila Fathi. Association between maternal serum uric acid and preeclampsia; Archives of Physiology and Biochemistry Journal of Metabolic Disease 2020 Volume 6, Issue 1, Page No: 22-27.



► **CONGRESS PRESENTATIONS & PUBLISHED**

**ABSTRACTS**

1. Training Course diabetes (lecture), Khorramabad, IRAN, 2009.
2. Training Course Influenza Type A (lecture), Khorramabad, IRAN, 2009.
3. Training Course STD (lecture), Khorramabad, IRAN, 2009.
4. Training Course Blood Pressure Disease (lecture), Khorramabad, IRAN, 2009.

5. Training Course Internal Disease (2), Khorramabad (lecture), IRAN, 2010.
6. Training Course CCHF (lecture), Khorramabad, IRAN, 2010.
7. Training Course Sexual inability of a couple (lecture), Khorramabad, IRAN, 2010.
8. Training Course Internal Disease (3), Khorramabad (lecture), IRAN, 2010.
9. Training Course Blood Pressure Disease (lecture), Khorramabad, IRAN, 2010.
10. Training Course diabetes (lecture), Khorramabad, IRAN, 2010.
11. Training Course Children Disease (lecture), Khorramabad, IRAN, 2010.
12. Training Course Interpretation ECG (lecture), Khorramabad, IRAN, 2013.
13. Training Course Interpretation ECG for General Practitioner (lecture), Khorramabad, IRAN, 2014.
14. Training Course Interpretation ECG for Nursing Staff (lecture), Khorramabad, IRAN, 2014.
15. 3<sup>rd</sup> Congress on Men's Health Male Infertility and Common Cancers, 11<sup>th</sup> IRHRC Annual Meeting, Collaborating Research Projects Investigation Effects

of Dark Chocolate on the Sperm Parameters, Total antioxidant Capacity (TAC) and Seminal Malondialdehyde(MDA) in Male with Asthenozoospermia (lecture),Tehran, IRAN,2019.

16. 3<sup>rd</sup> Congress on Men's Health Male Infertility and Common Cancers, 11<sup>th</sup> IRHRC Annual Meeting, Effects of Cardiovascular Medications on Sexual Function and Sperm Parameters, (poster),Tehran, IRAN,2019.

17. Training Primary Angioplasty in Acute myocardial infarction (lecture), Khorramabad, IRAN, 2019.

18. Training Course Blood Pressure Disease (lecture), Khorramabad, IRAN, 2019.

19. 3<sup>rd</sup> National Congress on Clinical Case Reports, Brief Psychosis after successfully treated inferior ST-segment elevation myocardial infarction: A case report (poster), Karaj, IRAN, 2019.

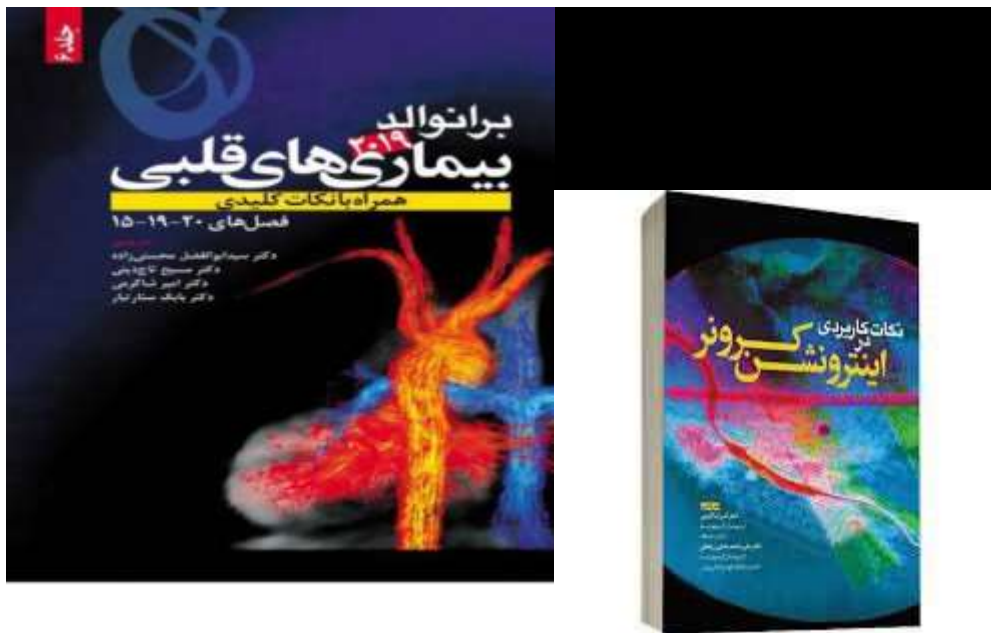
20. 3<sup>rd</sup> National Congress on Clinical Case Reports, QT-interval prolongation as a first presentation of myocardial infarction: A case report (poster), Karaj, IRAN, 2019.

21. Training fetal health screening (lecture), Khorramabad, IRAN, 2019.

22. Training Blood pressure news --- The relationship between blood pressure and other diseases (lecture), Khorramabad, IRAN, 2019.
23. Training Blood pressure news --- The relationship between blood pressure and other diseases (lecture2), Khorramabad, IRAN, 2019.
24. Training Primary Angioplasty in Acute myocardial infarction (lecture2), Khorramabad, IRAN, 2020.
25. Training Course Blood Pressure Disease (lecture), Khorramabad, IRAN, 2020.
26. Training Course Blood Pressure Disease (lecture2), Khorramabad, IRAN, 2020.



## ► Published REPORTS&BOOK(s)



1. Mitral Prolapse Syndrome, Iran University of Medical Sciences, Ilam, IRAN, 2000, 964-7494-12-2.
2. Braunwalds Heart Disease, Tehran Heart Centre, Tehran University of Medical Sciences, volume 2, Tehran, IRAN, 2019.
3. Braunwalds Heart Disease, Tehran Heart Centre, Tehran University of Medical Sciences, volume 6, Tehran, IRAN, 2019.
4. Practical Handbook of Advanced Interventional Cardiology Tips and Tricks, Tehran, IRAN, 2019.



## ▶ **EDUCATIONAL COURSES**

1. Training Course of Upper Diagnostic Endoscopy and Gastrointestinal Diagnostic Rectosigmoidoscopy, Iranian Gastroenterologists Association, Tehran, IRAN, 2009.



## ▶ **WORKSHOPS and CERTIFICATES**

1. Computer Preliminary Workshop, Ilam University of Medical Sciences, Ilam, IRAN, 1997.
2. Research Methodology Workshop, Kermanshah University of Medical Sciences, Kermanshah, IRAN, 2003.
3. Treatment of severe lower limb ischemia Symposium, Tehran Heart Centre, Tehran University of Medical Sciences, Tehran, IRAN, 2010.
4. Aorta Symposium, Tehran Heart Centre, Tehran University of Medical Sciences, Tehran, IRAN, 2010.
5. Cardiac and pulmonary resuscitation Seminar, Tehran Heart Centre, Tehran University of Medical Sciences, Tehran, IRAN, 2011.
6. Professors Increase cultivation Workshop (Unity of university), Lorestan University of Medical Sciences, Khorramabad, IRAN, 2015.



7. New findings in the diagnosis and treatment of cardiovascular disease, Tehran University of Medical Sciences, Tehran, IRAN, *2016*.
8. National Congress of Iranian Cardiovascular News, Tehran University of Medical Sciences, Tehran, IRAN, *2017*.
9. Interventional treatment of complex heart disease, Tehran University of Medical Sciences, Tehran, IRAN, *2017*.
10. Congress of Cardiology, Tehran University of Medical Sciences, Tehran, IRAN, *2017*.
11. The Perspective of Heart Disease in Iran: Studies, Interventions, Results and Strategies Symposium, Tehran University of Medical Sciences, Tehran, IRAN, *2018*.
12. 3<sup>rd</sup> Congress of Complex Cardiac Interventions, Shiraz University of Medical Sciences, Shiraz, IRAN, *2018*.
13. Stem cell, tissue engineering and cardiovascular remedial medicine Symposium, Tehran University of Medical Sciences, Tehran, IRAN, *2018*.
14. National Congress of Iranian Cardiovascular News, Tehran University of Medical Sciences, Tehran, IRAN, *2018*.
15. Professors Increase cultivation Workshop (Ethics in Education), Lorestan University of Medical Sciences, Khorramabad, IRAN, *2019*.

16. . Professors Increase cultivation Workshop (Newfound Sects), Lorestan University of Medical Sciences, Khorramabad, IRAN, 2019.
17. Getting to know with the regulations of the professors' evaluation Workshop (Newfound Sects), Lorestan University of Medical Sciences, Khorramabad, IRAN, 2019.
18. Professors Increase cultivation Workshop (The face and nature of the Islamic Revolution), Lorestan University of Medical Sciences, Khorramabad, IRAN, 2019.
19. 3<sup>rd</sup> National Congress on Clinical Case Reports, Karaj, IRAN, 2019.
20. Blood pressure and treatment based on new ESC-AHA guidelines, Lorestan University of Medical Sciences, Khorramabad, IRAN, 2019.
21. Seminar of Cardiovascular Interventions Focusing on Complications, Shahid Rajaei Cardiovascular Training, Research and Treatment Center, Tehran University of Medical Sciences, Tehran, IRAN, 2020.
22. Workshop Teacher Evaluation Regulations, Lorestan University, Khorramabad, IRAN, 2019.
23. Workshop Conference Report of the European Medical Education Association, Lorestan University, Khorramabad, IRAN, 2019.
24. Online Workshop research system, Lorestan University, Khorramabad, IRAN, 2020.

25. Online Workshop virtual tests, Lorestan University, Khorramabad, IRAN, 2020.
26. Online Workshop Lock book, Lorestan University, Khorramabad, IRAN, 2020.
27. Online Workshop Effective introductory teaching, Lorestan University, Khorramabad, IRAN, 2020.
28. Online Workshop Advanced teaching methods, Lorestan University, Khorramabad, IRAN, 2020.
29. Online Workshop Designing, compiling and documenting scholarly activities, Lorestan University, Khorramabad, IRAN, 2020.
- 30.

---

## ▶ GRANTS

---

## ▶ PERSONAL

Hobbies and Interests: Reading psychology books, Reading poetry (Particularly spiritual Masnavi).

